

Shelter and sleeping needs

- Awning or tarp for shade
- Tent
- Rainfly
- Oversized tarp for under the tent
- Small floor mat or rug
- Sand pegs and sandbags
- Sleeping pads
- Sleeping bags
- Beach umbrella
- Pillows
- Beach blanket

Toiletries and First Aid

- Camp towel and washcloth
- Wet wipes or hand sanitizer
- Biodegradable pump soap, not bar soap
- Tissue
- Toothbrush and paste
- Hairbrush and ties
- Sunblock with a high SPF
- SPF chapstick
- Deodorant
- Aloe
- Bug repellent or essential oils
- Antihistamine, Ibuprofen
- Band-aids, gauze
- Eye drops
- Sleeping mask
- CPR cheat sheet
- Water jug designated for washing hands and face
- Camp toilet and biodegradable TP
- First Aid Kit

Kitchen

- Propane camp stove or grill
- Camping kitchen
- Lighter, matches, firestarter
- Small folding table
- Table cloth and clamps to hold it down
- Camp chairs
- Cookware, kettle, mess kit
- Water bottles, plates, bowls, and utensils
- Cutting board
- Oven mitt
- Water jug for drinking water only
- Gatorade and other drinks with electrolytes
- Paper towels
- Tub for doing dishes, biodegradable dish soap, scrubbie
- Cooler
- Sandwich baggies and foil
- Sharpie pen
- Chip clips
- Smores sticks
- Garbage bags

Gadgets, tools, etc.

- Headlamp, extra batteries
- Portable solar power
- Lantern, propane, and matches
- Camping shovel
- Portable tent heater (if low temps at night)
- Portable fire pit
- Wood and tinder for campfire
- Rope, thin cord
- Carabiners and clamps
- Multi-tool
- Old school watch

Fun Stuff

- Paddleboard, surfboard
- Snorkel gear or just goggles
- Pool noodles
- Life jacket
- Sand toys
- Soccer ball, volleyball
- Smash ball, frisbee
- Portable cornhole
- Card games
- Backpacks for day trips
- Fishing gear, bait and fishing license
- Glow in the dark sticks
- Beach blanket

Clothes

- Undies
- Socks for chilly nights
- Lightweight shorts and pants
- Breathable shirts
- Windbreaker
- Wide-brimmed hat
- UV-rated clothing if able
- Slides and flip flops
- Water shoes
- Swimsuit
- Sunglasses